

Alltime Australian Women Best 10 performances to 25th April 2011

Long Course

Compiled by Tony Woodhouse

Female 50 Free

1	23.97	L	F	Lisbeth Trickett	23	COMM	22/03/2008	Sydney - Aus Open
2	23.99	L	F	Cate Campbell	17	AUS	26/07/2009	Rome - World LC
3	24.08	L	S	Cate Campbell	17	AUS	26/07/2009	Rome - World LC
4	24.13	L	F	Cate Campbell	15	AUS	15/05/2008	Santa Clara
5	24.15	L	F	Lisbeth Trickett	24	AUS	9/06/2009	Canet - Mare Nostrum
6 *	24.17	L	F	Cate Campbell	16	AUS	9/08/2008	Beijing - Olympic Games
6 *	24.17	L	F	Cate Campbell	16	AUS	4/07/2008	Sydney - Grand Prix 2
8	24.19	L	F	Lisbeth Trickett	24	AUS	26/07/2009	Rome - World LC
9	24.20	L	P	Cate Campbell	16	AUS	9/08/2008	Beijing - Olympic Games
10 *	24.21	L	F	Lisbeth Trickett	24	AUS	6/06/2009	Barcelona - Mare Nostrum
10 *	24.21	L	F	Lisbeth Trickett	24	AUS	19/06/2009	Paris Open

Female 100 Free

1	52.62	L L	F	Lisbeth Trickett	24	AUS	26/07/2009	Rome - World LC
2	52.84	L	S	Lisbeth Trickett	24	AUS	26/07/2009	Rome - World LC
3	52.88	L	F	Lisbeth Trickett	23	COMM	22/03/2008	Sydney - Aus Open
4	52.89	L L	F	Lisbeth Trickett	24	AUS	9/05/2009	Canberra - Duel in the Pool
5	52.93	L	F	Lisbeth Trickett	24	AUS	26/07/2009	Rome - World LC
6	52.95	L	F	Lisbeth Trickett	24	AUS	9/05/2009	Canberra - Duel in the Pool
7 *	52.99	L	F	Lisbeth Trickett	24	SOSC	17/03/2009	Sydney - Aus Open
7 *	52.99	L L	F	Lisbeth Lenton	22	AUS	3/04/2007	Sydney - Duel in The Pool
9	53.03	L	F	Cate Campbell	17	INDOO	25/11/2009	Canberra - AIS International
10	53.16	L	F	Lisbeth Trickett	23	AUS	9/08/2008	Beijing - Olympic Games

Female 200 Free

1	1:55.73	L	F	Kylie Palmer	21	CHAND	1/04/2011	Sydney - Aus Open
2	1:55.74	L	F	Bronte Barratt	22	UNAQ	1/04/2011	Sydney - Aus Open
3 *	1:56.60	L L	F	Stephanie Rice	20	AUS	9/08/2008	Beijing - Olympic Games
3 *	1:56.60	L	F	Bronte Barratt	19	ALBAN	22/03/2008	Sydney - Aus Open
5	1:56.99	L	F	Linda MacKenzie	24	MACKA	22/03/2008	Sydney - Aus Open
6	1:57.06	L	S	Lisbeth Lenton	20	QLD	24/07/2005	Montreal - World LC
7	1:57.18	L	F	Bronte Barratt	19	AUS	15/05/2008	Santa Clara
8	1:57.20	L	F	Jade Neilsen	19	MIAMI	1/04/2011	Sydney - Aus Open
9	1:57.27	L	F	Blair Evans	19	AUS	18/08/2010	Irvine - Pan Pacific
10	1:57.31	L	S	Stephanie Rice	19	STPET	22/03/2008	Sydney - Aus Open

Female 400 Free

1	4:04.16	L	P	Bronte Barratt	19	AUS	9/08/2008	Beijing - Olympic Games
2	4:04.29	L	F	Kylie Palmer	21	CHAND	1/04/2011	Sydney - Aus Open
3	4:04.36	L	F	Bronte Barratt	22	UNAQ	1/04/2011	Sydney - Aus Open
4	4:04.57	L	F	Bronte Barratt	19	AUS	15/05/2008	Santa Clara
5	4:04.73	L	F	Linda MacKenzie	24	MACKA	22/03/2008	Sydney - Aus Open
6	4:05.05	L	F	Bronte Barratt	19	AUS	9/08/2008	Beijing - Olympic Games
7	4:05.19	L	F	Bronte Barratt	19	ALBAN	22/03/2008	Sydney - Aus Open
8	4:05.20	L	F	Bronte Barratt	20	ALBAN	13/02/2009	Sydney - NSW Open
9	4:05.50	L	F	Bronte Barratt	21	ALBAN	16/03/2010	Sydney - Aus Open
10	4:05.84	L	F	Katie Goldman	18	AUS	18/08/2010	Irvine - Pan Pacific

Female 800 Free

1	8:22.81	L	P	Kylie Palmer	18	AUS	9/08/2008	Beijing - Olympic Games
2	8:22.83	L	F	Katie Goldman	17	MIAMI	16/03/2010	Sydney - Aus Open
3	8:22.93	L	F	Julie McDonald	18	QLD	19/09/1988	Seoul - Olympic Games
4	8:23.18	L	F	Julie McDonald	17	QLD	13/08/1987	Brisbane - Pan Pacific
5	8:24.15	L	F	Janelle Elford	18	NSW	28/05/1988	Boca Raton
6	8:24.30	L	F	Kylie Palmer	18	ALBAN	22/03/2008	Sydney - Aus Open
7	8:24.62	L	F	Tracey Wickham	15	QLD	2/08/1978	Edmonton - Commonwealth Games
8	8:24.94	L	F	Tracey Wickham	15	QLD	23/08/1978	West Berlin - World LC
9	8:25.74	L	F	Blair Evans	18	CPER	16/03/2010	Sydney - Aus Open
10	8:25.78	L	F	Michelle Ford	16	NSW	2/08/1978	Edmonton - Commonwealth Games

Female 1500 Free

1	16:01.53	L	F	Melissa Gorman	24	AUS	18/08/2010	Irvine - Pan Pacific
2	16:03.24	L	F	Melissa Gorman	24	REDLL	16/03/2010	Sydney - Aus Open
3	16:04.84	L	F	Hayley Lewis	19	QLD	13/08/1993	Kobe - Pan Pacific
4	16:06.63	L	F	Tracey Wickham	16	QLD	22/02/1979	Perth - Aus Open
5	16:06.98	L	F	Melissa Gorman	25	REDLL	1/04/2011	Sydney - Aus Open
6	16:09.66	L	F	Melissa Gorman	23	AUS	26/07/2009	Rome - World LC
7	16:10.11	L	F	Janelle Elford	17	NSW	26/02/1987	Perth - Aus Open
8	16:10.42	L	F	Stacey Gartrell	16	NSW	13/08/1993	Kobe - Pan Pacific
9	16:10.58	L	F	Janelle Elford	19	NSW	18/08/1989	Tokyo - Pan Pacific
10	16:11.15	L	F	Michelle Ford	18	NSW	19/12/1980	Sydney

Female 50 Back

1	27.51	L	S	Sophie Edington	24	AUS	26/07/2009	Rome - World LC
2	27.67	L	F	Sophie Edington	23	KNGC	22/03/2008	Sydney - Aus Open
3	27.70	L	S	Emily Seebohm	17	AUS	26/07/2009	Rome - World LC
4	27.73	L	F	Sophie Edington	24	AUS	26/07/2009	Rome - World LC
5	27.82	L	P	Sophie Edington	24	AUS	26/07/2009	Rome - World LC
6 *	27.83	L	F	Emily Seebohm	17	AUS	26/07/2009	Rome - World LC
6 *	27.83	L	F	Sophie Edington	23	AUS	10/06/2008	Barcelona - Mare Nostum

6 *	27.83	L	F	Sophie Edington	25	AUS	18/08/2010	Irvine - Pan Pacific
9	27.89	L	F	Sophie Edington	24	UNAQ	17/03/2009	Sydney - Aus Open
10 *	27.95	L	F	Emily Seebohm	17	BROTH	16/03/2010	Sydney - Aus Open
10 *	27.95	L	S	Emily Seebohm	15	BROTH	22/03/2008	Sydney - Aus Open

Female 100 Back

1	58.88	L	F	Emily Seebohm	17	AUS	26/07/2009	Rome - World LC
2	59.15	L	S	Emily Seebohm	17	AUS	26/07/2009	Rome - World LC
3	59.21	L	F	Emily Seebohm	17	BROTH	16/03/2010	Sydney - Aus Open
4	59.25	L	F	Emily Seebohm	17	BROTH	12/02/2010	Sydney - NSW Open
5	59.33	L L	F	Emily Seebohm	16	AUS	9/08/2008	Beijing - Olympic Games
6	59.34	L L	F	Emily Seebohm	18	AUS	18/08/2010	Irvine - Pan Pacific
7	59.40	L L	F	Emily Seebohm	17	AUS	26/07/2009	Rome - World LC
8	59.43	L	F	Emily Seebohm	17	BROTH	12/12/2009	Brisbane - QLD Open & Age
9	59.45	L	F	Emily Seebohm	18	AUS	18/08/2010	Irvine - Pan Pacific
10	59.53	L L	F	Emily Seebohm	18	AUS	3/10/2010	Commonwealth Games - Delhi

Female 200 Back

1	2:06.88	L	F	Belinda Hocking	20	ALBU	1/04/2011	Sydney - Aus Open
2	2:07.41	L	F	Meagen Nay	20	AUS	9/05/2009	Canberra - Duel in the Pool
3	2:07.56	L	F	Meagen Nay	21	AUS	4/10/2010	Delhi - Commonwealth Games
4	2:07.75	L	F	Belinda Hocking	20	ALBU	11/02/2011	Sydney - NSW open
5	2:07.89	L	F	Belinda Hocking	19	ALBU	16/03/2010	Sydney - Aus Open
6	2:08.02	L	F	Meagen Nay	21	STPET	16/03/2010	Sydney - Aus Open
7	2:08.07	L	P	Belinda Hocking	18	AUS	26/07/2009	Rome - World LC
8	2:08.08	L	F	Meagen Nay	22	STPET	1/04/2011	Sydney - Aus Open
9	2:08.09	L	S	Meagen Nay	19	AUS	9/08/2008	Beijing - Olympic Games
10	2:08.19	L	F	Emily Seebohm	17	BROTH	16/03/2010	Sydney - Aus Open

Female 50 Breast

1	30.16	L	F	Sarah Katsoulis	25	AUS	26/07/2009	Rome - World LC
2	30.24	L	F	Leiston Pickett	19	STHPT	1/04/2011	Sydney - Aus Open
3	30.31	L	P	Jade Edmestone	23	QLD	30/01/2006	Melbourne - Comm. Games Trials
4	30.33	L	P	Sarah Katsoulis	25	AUS	26/07/2009	Rome - World LC
5	30.34	L	S	Sarah Katsoulis	25	AUS	26/07/2009	Rome - World LC
6	30.37	L	S	Jade Edmestone	23	UNAQ	30/01/2006	Melbourne - Comm. Games Trials
7 *	30.45	L	P	Tarne White	27	CHAND	17/03/2009	Sydney - Aus Open
7 *	30.45	L	F	Jade Edmestone	23	QLD	24/07/2005	Montreal - World LC
7 *	30.45	L	F	Sarah Katsoulis	25	NUN	25/11/2009	Canberra - AIS International
10	30.51	L	P	Jade Edmestone	24	AUS	16/03/2006	Melbourne - Commonwealth Games

Female 100 Breast

1	1:05.09	L	F	Leisel Jones	20	AUS	16/03/2006	Melbourne - Commonwealth Games
2	1:05.17	L	F	Leisel Jones	22	AUS	9/08/2008	Beijing - Olympic Games
3	1:05.34	L	F	Leisel Jones	22	AUS	6/06/2008	Rome - Seven Hills
4	1:05.60	L	F	Leisel Jones	21	COMM	3/12/2006	Brisbane - Aus Open
5	1:05.64	L	P	Leisel Jones	22	AUS	9/08/2008	Beijing - Olympic Games
6	1:05.66	L	F	Leisel Jones	24	AUS	18/08/2010	Irvine - Pan Pacific
7	1:05.71	L	F	Leisel Jones	20	COMM	30/01/2006	Melbourne - Comm. Games Trials
8 *	1:05.72	L	F	Leisel Jones	22	AUS	10/06/2008	Barcelona - Mare Nostum
8 *	1:05.72	L	F	Leisel Jones	21	COMM	25/03/2007	Melbourne - World LC
10	1:05.75	L	F	Leisel Jones	22	CAA	22/03/2008	Sydney - Aus Open

Female 200 Breast

1	2:20.54	L	F	Leisel Jones	20	QLD	30/01/2006	Melbourne - Comm. Games Trials
2	2:20.58	L	F	Leisel Jones	22	AUS	10/06/2008	Barcelona - Mare Nostum
3	2:20.72	L	F	Leisel Jones	20	AUS	16/03/2006	Melbourne - Commonwealth Games
4	2:21.34	L	F	Leisel Jones	22	CAA	22/03/2008	Sydney - Aus Open
5	2:21.45	L	F	Leisel Jones	21	CAA	21/08/2007	Chiba - Japan Invitational
6	2:21.60	L	F	Leisel Jones	21	COMM	3/12/2006	Brisbane - Aus Open
7	2:21.72	L	F	Leisel Jones	19	QLD	24/07/2005	Montreal - World LC
8	2:21.81	L	F	Leisel Jones	22	AUS	6/06/2008	Rome - Seven Hills
9	2:21.84	L	F	Leisel Jones	21	COMM	25/03/2007	Melbourne - World LC
10	2:22.05	L	F	Leisel Jones	22	AUS	9/08/2008	Beijing - Olympic Games

Female 50 Fly

1	25.48	L	F	Marieke Guehrer	23	AUS	26/07/2009	Rome - World LC
2	25.58	L	S	Marieke Guehrer	23	AUS	26/07/2009	Rome - World LC
3	25.60	L	F	Marieke Guehrer	23	MVC	17/03/2009	Sydney - Aus Open
4	25.76	L	S	Marieke Guehrer	23	MVC	17/03/2009	Sydney - Aus Open
5	25.83	L	P	Marieke Guehrer	23	AUS	26/07/2009	Rome - World LC
6	25.86	L	F	Marieke Guehrer	23	MVC	25/11/2009	Canberra - AIS International
7	25.92	L	F	Yolane Kukla	14	STPET	16/03/2010	Sydney - Aus Open
8 *	25.99	L	F	Yolane Kukla	14	AUS	18/08/2010	Irvine - Pan Pacific
8 *	25.99	L	F	Marieke Guehrer	24	AUS	18/08/2010	Irvine - Pan Pacific
10	26.01	L	F	Marieke Guehrer	23	MVC	13/02/2009	Sydney - NSW Open

Female 100 Fly

1	56.23	L	F	Jessicah Schipper	22	AUS	26/07/2009	Rome - World LC
2	56.73	L	F	Lisbeth Trickett	23	AUS	9/08/2008	Beijing - Olympic Games
3	56.81	L	F	Lisbeth Trickett	23	COMM	22/03/2008	Sydney - Aus Open
4	56.90	L	F	Jessicah Schipper	22	COMM	17/03/2009	Sydney - Aus Open
5	57.05	L	S	Lisbeth Trickett	23	AUS	9/08/2008	Beijing - Olympic Games
6	57.08	L	S	Jessicah Schipper	22	AUS	26/07/2009	Rome - World LC
7 *	57.15	L	F	Lisbeth Lenton	22	COMM	25/03/2007	Melbourne - World LC
7 *	57.15	L	F	Jessicah Schipper	19	QLD	30/01/2006	Melbourne - Comm. Games Trials
9	57.17	L	P	Jessicah Schipper	22	AUS	26/07/2009	Rome - World LC
10	57.23	L	F	Jessicah Schipper	18	AUS	24/07/2005	Montreal - World LC

Female 200 Fly

1	2:03.41	L	F	Jessicah Schipper	22	AUS	26/07/2009	Rome - World LC
2	2:04.87	L	S	Jessicah Schipper	22	AUS	26/07/2009	Rome - World LC
3	2:05.40	L	F	Jessicah Schipper	19	REDLL	17/08/2006	Victoria, Canada - Pan Pac
4	2:05.50	L	P	Jessicah Schipper	22	AUS	26/07/2009	Rome - World LC
5	2:05.65	L	F	Jessicah Schipper	18	AUS	24/07/2005	Montreal - World LC
6	2:05.81	L	F	Susan O'Neill	26	QLD	13/05/2000	Sydney - Aus Open
7	2:05.93	L	F	Jessicah Schipper	22	COMM	17/03/2009	Sydney - Aus Open
8	2:05.99	L	S	Samantha Hamill	18	AUS	26/07/2009	Rome - World LC
9	2:06.01	L	P	Petria Thomas	28	NSW	27/03/2004	Sydney - Aus Open
10	2:06.02	L	F	Jessicah Schipper	20	REDLL	3/12/2006	Brisbane - Aus Open

Female 200 IM

1	2:07.03	L	F	Stephanie Rice	21	AUS	26/07/2009	Rome - World LC
2	2:08.45	L	F	Stephanie Rice	20	AUS	9/08/2008	Beijing - Olympic Games
3	2:08.68	L	S	Stephanie Rice	21	AUS	26/07/2009	Rome - World LC
4	2:08.92	L	F	Stephanie Rice	19	STPET	22/03/2008	Sydney - Aus Open
5	2:09.64	L	P	Stephanie Rice	21	AUS	26/07/2009	Rome - World LC
6	2:09.70	L	F	Alicia Coutts	23	AUS	4/10/2010	Delhi - Commonwealth Games
7 *	2:09.93	L	F	Emily Seebohm	18	BROTH	18/08/2010	Irvine - Pan Pacific
7 *	2:09.93	L	F	Emily Seebohm	18	AUS	18/08/2010	Irvine - Pan Pacific
9	2:10.06	L	F	Alicia Coutts	23	REDLA	1/04/2011	Sydney - Aus Open
10	2:10.07	L	F	Stephanie Rice	21	STPET	16/03/2010	Sydney - Aus Open

Female 400 IM

1	4:29.45	L	F	Stephanie Rice	20	AUS	9/08/2008	Beijing - Olympic Games
2	4:31.46	L	F	Stephanie Rice	19	STPET	22/03/2008	Sydney - Aus Open
3	4:32.29	L	F	Stephanie Rice	21	AUS	26/07/2009	Rome - World LC
4	4:34.62	L	P	Stephanie Rice	21	AUS	26/07/2009	Rome - World LC
5	4:35.04	L	F	Stephanie Rice	21	STPET	16/03/2010	Sydney - Aus Open
6	4:35.11	L	P	Stephanie Rice	20	AUS	9/08/2008	Beijing - Olympic Games
7	4:35.17	L	F	Stephanie Rice	19	AUS	6/06/2008	Rome - Seven Hills
8	4:35.82	L	F	Stephanie Rice	19	AUS	10/06/2008	Barcelona - Mare Nostum
9	4:36.71	L	F	Stephanie Rice	20	STPET	17/03/2009	Sydney - Aus Open
10	4:37.18	L	F	Stephanie Rice	19	STPET	21/08/2007	Chiba - Japan Invitational