

# Women Alltime Australian 10 Best Performances

## Long Course to 1st August 2010

email any errors or corrections to [twohouse3@bigpond.com](mailto:twohouse3@bigpond.com)

### Women 50 Free

1	23.97	L	F	Lisbeth Trickett	23	COMM	22/03/2008	2008 Telstra Australian Swimming Championship
2	23.99	L	F	Cate Campbell	17	AUS	26/07/2009	2009 Rome World Championships
3	24.08	L	S	Cate Campbell	17	AUS	26/07/2009	2009 Rome World Championships
4	24.13	L	F	Cate Campbell	15	AUS	15/05/2008	Santa Clara International Invitational
5	24.15	L	F	Lisbeth Trickett	24	AUS	9/06/2009	Mare Nostrum - Canet
6 *	24.17	L	F	Cate Campbell	16	AUS	4/07/2008	2008 Telstra Grand Prix 2
6 *	24.17	L	F	Cate Campbell	16	AUS	9/08/2008	2008 Olympic Games
8	24.19	L	F	Lisbeth Trickett	24	AUS	26/07/2009	2009 Rome World Championships
9	24.20	L	P	Cate Campbell	16	AUS	9/08/2008	2008 Olympic Games
10 *	24.21	L	F	Lisbeth Trickett	24	AUS	19/06/2009	Paris Open
10 *	24.21	L	F	Lisbeth Trickett	24	AUS	6/06/2009	Mare Nostrum - Barcelona

### Women 100 Free

1	52.62	L L	F	Lisbeth Trickett	24	AUS	26/07/2009	2009 Rome World Championships
2	52.84	L	S	Lisbeth Trickett	24	AUS	26/07/2009	2009 Rome World Championships
3	52.88	L	F	Lisbeth Trickett	23	COMM	22/03/2008	2008 Telstra Australian Swimming Championship
4	52.89	L L	F	Lisbeth Trickett	24	AUS	9/05/2009	2009 Duel in the Pool
5	52.93	L	F	Lisbeth Trickett	24	AUS	26/07/2009	2009 Rome World Championships
6	52.95	L	F	Lisbeth Trickett	24	AUS	9/05/2009	2009 Duel in the Pool
7 *	52.99	L L	F	Lisbeth Trickett	22	AUS	3/04/2007	2007 Duel in The Pool
7 *	52.99	L	F	Lisbeth Trickett	24	SOSC	17/03/2009	2009 Telstra Australian Swimming Championship
9	53.03	L	F	Cate Campbell	17	INDOO	25/11/2009	2009 Speedo AIS International
10	53.16	L	F	Lisbeth Trickett	23	AUS	9/08/2008	2008 Olympic Games

### Women 200 Free

1 *	1:56.60	L L	F	Stephanie Rice	20	AUS	9/08/2008	2008 Olympic Games
1 *	1:56.60	L	F	Bronte Barratt	19	ALBAN	22/03/2008	2008 Telstra Australian Swimming Championship
3	1:56.99	L	F	Linda MacKenzie	24	MACKA	22/03/2008	2008 Telstra Australian Swimming Championship
4	1:57.06	L	S	Lisbeth Lenton	20	QLD	24/07/2005	2005 Montreal World Championships
5	1:57.18	L	F	Bronte Barratt	19	AUS	15/05/2008	Santa Clara International Invitational
6	1:57.31	L	S	Stephanie Rice	19	STPET	22/03/2008	2008 Telstra Australian Swimming Championship
7 *	1:57.38	L	F	Blair Evans	18	CPER	16/03/2010	2010 Telstra Australian Championships
7 *	1:57.38	L L	F	Ellen Fullerton	16	AUS	26/07/2009	2009 Rome World Championships
9	1:57.43	L	S	Ellen Fullerton	16	AUS	26/07/2009	2009 Rome World Championships
10	1:57.46	L	F	Bronte Barratt	21	ALBAN	16/03/2010	2010 Telstra Australian Championships

### Women 400 Free

1	4:04.16	L	P	Bronte Barratt	19	AUS	9/08/2008	2008 Olympic Games
2	4:04.57	L	F	Bronte Barratt	19	AUS	15/05/2008	Santa Clara International Invitational
3	4:04.73	L	F	Linda MacKenzie	24	MACKA	22/03/2008	2008 Telstra Australian Swimming Championship
4	4:05.05	L	F	Bronte Barratt	19	AUS	9/08/2008	2008 Olympic Games
5	4:05.19	L	F	Bronte Barratt	19	ALBAN	22/03/2008	2008 Telstra Australian Swimming Championship
6	4:05.20	L	F	Bronte Barratt	20	ALBAN	13/02/2009	2009 NSW State Open Championships
7	4:05.50	L	F	Bronte Barratt	21	ALBAN	16/03/2010	2010 Telstra Australian Championships
8	4:05.86	L	F	Bronte Barratt	19	AUS	22/05/2008	2008 Mel Zajac Jr International
9	4:05.91	L	P	Linda MacKenzie	24	AUS	9/08/2008	2008 Olympic Games
10	4:05.93	L	F	Bronte Barratt	18	ALBAN	21/08/2007	2007 Japan Invitational

### Women 800 Free

1	8:22.81	L	P	Kylie Palmer	18	AUS	9/08/2008	2008 Olympic Games
2	8:22.83	L	F	Katie Goldman	17	MIAMI	16/03/2010	2010 Telstra Australian Championships
3	8:22.93	L	F	Julie McDonald	18	QLD	19/09/1988	Seoul Olympics
4	8:23.18	L	F	Julie McDonald	17	QLD	13/08/1987	Brisbane Pan Pac
5	8:24.15	L	F	Janelle Elford	18	NSW	28/05/1988	Boca Raton
6	8:24.30	L	F	Kylie Palmer	18	ALBAN	22/03/2008	2008 Telstra Australian Swimming Championship
7	8:24.62	L	F	Tracey Wickham	15	QLD	2/08/1978	Edmonton Commonwealth Games
8	8:24.94	L	F	Tracey Wickham	15	QLD	23/08/1978	West Berlin World Champ.
9	8:25.74	L	F	Blair Evans	18	CPER	16/03/2010	2010 Telstra Australian Championships
10	8:25.78	L	F	Michelle Ford	16	NSW	2/08/1978	Edmonton Commonwealth Games

### Women 1500 Free

1	16:03.24	L	F	Melissa Gorman	24	REDLL	16/03/2010	2010 Telstra Australian Championships
2	16:04.84	L	F	Hayley Lewis	19	QLD	13/08/1993	Kobe Pan Pac
3	16:06.63	L	F	Tracey Wickham	16	QLD	22/02/1979	Perth - Aus Open
4	16:09.66	L	F	Melissa Gorman	23	AUS	26/07/2009	2009 Rome World Championships
5	16:10.11	L	F	Janelle Elford	17	NSW	26/02/1987	Perth - Aus Open
6	16:10.42	L	F	Stacey Gartrell	16	NSW	13/08/1993	Kobe Pan Pac
7	16:10.58	L	F	Janelle Elford	19	NSW	18/08/1989	Tokyo Pan Pac
8	16:11.15	L	F	Michelle Ford	18	NSW	19/12/1980	Sydney
9	16:12.16	L	F	Michelle Ford	19	NSW	7/08/1981	Brisbane - Aus Winter Open
10	16:12.22	L	F	Hayley Lewis	16	QLD	23/07/1990	Federal Way, USA

### Women 50 Back

2	27.67	L	F	Sophie Edington	23	KNGC	22/03/2008	2008 Telstra Australian Swimming Championship
3	27.70	L	S	Emily Seebohm	17	AUS	26/07/2009	2009 Rome World Championships
4	27.73	L	F	Sophie Edington	24	AUS	26/07/2009	2009 Rome World Championships
5	27.82	L	P	Sophie Edington	24	AUS	26/07/2009	2009 Rome World Championships
6 *	27.83	L	F	Emily Seebohm	17	AUS	26/07/2009	2009 Rome World Championships
6 *	27.83	L	F	Sophie Edington	23	AUS	10/06/2008	Barcelona - Mare Nostum
8	27.89	L	F	Sophie Edington	24	UNAQ	17/03/2009	2009 Telstra Australian Swimming Championship
9 *	27.95	L	F	Emily Seebohm	17	BROTH	16/03/2010	2010 Telstra Australian Championships
9 *	27.95	L	S	Emily Seebohm	15	BROTH	22/03/2008	2008 Telstra Australian Swimming Championship

### Women 100 Back

1	58.88	L	F	Emily Seebohm	17	AUS	26/07/2009	2009 Rome World Championships
2	59.15	L	S	Emily Seebohm	17	AUS	26/07/2009	2009 Rome World Championships
3	59.21	L	F	Emily Seebohm	17	BROTH	16/03/2010	2010 Telstra Australian Championships
4	59.25	L	F	Emily Seebohm	17	BROTH	12/02/2010	2010 NSW State Open Championships
5	59.33	L L	F	Emily Seebohm	16	AUS	9/08/2008	2008 Olympic Games
6	59.40	L L	F	Emily Seebohm	17	AUS	26/07/2009	2009 Rome World Championships
7	59.43	L	F	Emily Seebohm	17	BROTH	12/12/2009	2009 Zoggs QLD Swimming Championships
8	59.59	L	F	Emily Seebohm	15	BROTH	22/03/2008	2008 Telstra Australian Swimming Championship
9	59.64	L	P	Emily Seebohm	17	AUS	26/07/2009	2009 Rome World Championships
10	59.65	L L	P	Emily Seebohm	17	AUS	26/07/2009	2009 Rome World Championships

### Women 200 Back

1	2:07.41	L	F	Meagen Nay	20	AUS	9/05/2009	2009 Duel in the Pool
2	2:07.89	L	F	Belinda Hocking	19	ALBU	16/03/2010	2010 Telstra Australian Championships
3	2:08.02	L	F	Meagen Nay	21	STPET	16/03/2010	2010 Telstra Australian Championships
4	2:08.07	L	P	Belinda Hocking	18	AUS	26/07/2009	2009 Rome World Championships
5	2:08.09	L	S	Meagen Nay	19	AUS	9/08/2008	2008 Olympic Games
6	2:08.19	L	F	Emily Seebohm	17	BROTH	16/03/2010	2010 Telstra Australian Championships
7	2:08.36	L	F	Belinda Hocking	19	ALBU	12/02/2010	2010 NSW State Open Championships
8	2:08.44	L	F	Meagen Nay	21	STPET	12/12/2009	2009 Zoggs QLD Swimming Championships
9	2:08.45	L	F	Belinda Hocking	18	ALBU	13/04/2009	2009 Australian Age Championships
10	2:08.55	L	F	Meagen Nay	19	STPET	22/03/2008	2008 Telstra Australian Swimming Championship

### Women 50 Breast

1	30.16	L	F	Sarah Katsoulis	25	AUS	26/07/2009	2009 Rome World Championships
2	30.31	L	P	Jade Edmestone	23	QLD	30/01/2006	2006 Melbourne Comm. Games Trials
3	30.33	L	P	Sarah Katsoulis	25	AUS	26/07/2009	2009 Rome World Championships
4	30.34	L	S	Sarah Katsoulis	25	AUS	26/07/2009	2009 Rome World Championships
5	30.37	L	S	Jade Edmestone	23	UNAQ	30/01/2006	2006 Melbourne Comm. Games Trials
6 *	30.45	L	P	Tarnee White	27	CHAND	17/03/2009	2009 Telstra Australian Swimming Championship
6 *	30.45	L	F	Sarah Katsoulis	25	NUN	25/11/2009	2009 Speedo AIS International
6 *	30.45	L	F	Jade Edmestone	23	QLD	24/07/2005	2005 Montreal World Championships
9	30.51	L	P	Jade Edmestone	24	AUS	16/03/2006	2006 Melbourne Commonwealth Games
10 *	30.54	L	S	Jade Edmestone	24	AUS	16/03/2006	2006 Melbourne Commonwealth Games
10 *	30.54	L	F	Jade Edmestone	23	UNAQ	30/01/2006	2006 Melbourne Comm. Games Trials

### Women 100 Breast

1	1:05.09	L	F	Leisel Jones	20	AUS	16/03/2006	2006 Melbourne Commonwealth Games
2	1:05.17	L	F	Leisel Jones	22	AUS	9/08/2008	2008 Olympic Games
3	1:05.34	L	F	Leisel Jones	22	AUS	6/06/2008	Rome - Seven Hills
4	1:05.60	L	F	Leisel Jones	21	COMM	3/12/2006	Telstra Australian Swimming Championships
5	1:05.64	L	P	Leisel Jones	22	AUS	9/08/2008	2008 Olympic Games
6	1:05.71	L	F	Leisel Jones	20	COMM	30/01/2006	2006 Melbourne Comm. Games Trials
7 *	1:05.72	L	F	Leisel Jones	22	AUS	10/06/2008	Barcelona - Mare Nostum
7 *	1:05.72	L	F	Leisel Jones	21	COMM	25/03/2007	World Championships - Melbourne
9	1:05.75	L	F	Leisel Jones	22	CAA	22/03/2008	2008 Telstra Australian Swimming Championship
10 *	1:05.79	L	F	Leisel Jones	24	NUN	16/03/2010	2010 Telstra Australian Championships
10 *	1:05.79	L	S	Leisel Jones	21	COMM	3/12/2006	Telstra Australian Swimming Championships

### Women 200 Breast

1	2:20.54	L	F	Leisel Jones	20	QLD	30/01/2006	2006 Melbourne Comm. Games Trials
2	2:20.58	L	F	Leisel Jones	22	AUS	10/06/2008	Barcelona - Mare Nostum
3	2:20.72	L	F	Leisel Jones	20	AUS	16/03/2006	2006 Melbourne Commonwealth Games
4	2:21.34	L	F	Leisel Jones	22	CAA	22/03/2008	2008 Telstra Australian Swimming Championship
5	2:21.45	L	F	Leisel Jones	21	CAA	21/08/2007	2007 Japan Invitational
6	2:21.60	L	F	Leisel Jones	21	COMM	3/12/2006	Telstra Australian Swimming Championships
7	2:21.72	L	F	Leisel Jones	19	QLD	24/07/2005	2005 Montreal World Championships
8	2:21.81	L	F	Leisel Jones	22	AUS	6/06/2008	Rome - Seven Hills
9	2:21.84	L	F	Leisel Jones	21	COMM	25/03/2007	World Championships - Melbourne
10	2:22.05	L	F	Leisel Jones	22	AUS	9/08/2008	2008 Olympic Games

### Women 50 Fly

1	25.48	L	F	Marieke Guehrer	23	AUS	26/07/2009	2009 Rome World Championships
2	25.58	L	S	Marieke Guehrer	23	AUS	26/07/2009	2009 Rome World Championships
3	25.60	L	F	Marieke Guehrer	23	MVC	17/03/2009	2009 Telstra Australian Swimming Championship
4	25.76	L	S	Marieke Guehrer	23	MVC	17/03/2009	2009 Telstra Australian Swimming Championship
5	25.83	L	P	Marieke Guehrer	23	AUS	26/07/2009	2009 Rome World Championships
6	25.86	L	F	Marieke Guehrer	23	MVC	25/11/2009	2009 Speedo AIS International
7	25.92	L	F	Yolane Kukla	14	STPET	16/03/2010	2010 Telstra Australian Championships
8	26.01	L	F	Marieke Guehrer	23	MVC	13/02/2009	2009 NSW State Open Championships

10	26.05	L	F	Danni Miatke	19	CAA	25/03/2007	World Championships - Melbourne
<b>Women 100 Fly</b>								
1	56.23	L	F	Jessicah Schipper	22	AUS	26/07/2009	2009 Rome World Championships
2	56.73	L	F	Lisbeth Trickett	23	AUS	9/08/2008	2008 Olympic Games
3	56.81	L	F	Lisbeth Trickett	23	COMM	22/03/2008	2008 Telstra Australian Swimming Championship
4	56.90	L	F	Jessicah Schipper	22	COMM	17/03/2009	2009 Telstra Australian Swimming Championship
5	57.05	L	S	Lisbeth Trickett	23	AUS	9/08/2008	2008 Olympic Games
6	57.08	L	S	Jessicah Schipper	22	AUS	26/07/2009	2009 Rome World Championships
7 *	57.15	L	F	Jessicah Schipper	19	QLD	30/01/2006	2006 Melbourne Comm. Games Trials
7 *	57.15	L	F	Lisbeth Lenton	22	COMM	25/03/2007	World Championships - Melbourne
9	57.17	L	P	Jessicah Schipper	22	AUS	26/07/2009	2009 Rome World Championships
10	57.23	L	F	Jessicah Schipper	18	AUS	24/07/2005	2005 Montreal World Championships
<b>Women 200 Fly</b>								
1	2:03.41	L	F	Jessicah Schipper	22	AUS	26/07/2009	2009 Rome World Championships
2	2:04.87	L	S	Jessicah Schipper	22	AUS	26/07/2009	2009 Rome World Championships
3	2:05.05	L	P	Jessicah Schipper	22	AUS	26/07/2009	2009 Rome World Championships
4	2:05.40	L	F	Jessicah Schipper	19	REDLL	17/08/2006	2006 Pan Pac Championships
5	2:05.65	L	F	Jessicah Schipper	18	AUS	24/07/2005	2005 Montreal World Championships
6	2:05.81	L	F	Susan O'Neill	26	QLD	13/05/2000	Sydney - Aus Open
7	2:05.93	L	F	Jessicah Schipper	22	COMM	17/03/2009	2009 Telstra Australian Swimming Championship
8	2:05.99	L	S	Samantha Hamill	18	AUS	26/07/2009	2009 Rome World Championships
9	2:06.01	L	P	Petria Thomas	28	NSW	27/03/2004	2004 Sydney - Aus Open
10	2:06.02	L	F	Jessicah Schipper	20	REDLL	3/12/2006	Telstra Australian Swimming Championships
<b>Women 200 IM</b>								
1	2:07.03	L	F	Stephanie Rice	21	AUS	26/07/2009	2009 Rome World Championships
2	2:08.45	L	F	Stephanie Rice	20	AUS	9/08/2008	2008 Olympic Games
3	2:08.68	L	S	Stephanie Rice	21	AUS	26/07/2009	2009 Rome World Championships
4	2:08.92	L	F	Stephanie Rice	19	STPET	22/03/2008	2008 Telstra Australian Swimming Championship
5	2:09.64	L	P	Stephanie Rice	21	AUS	26/07/2009	2009 Rome World Championships
6	2:10.07	L	F	Stephanie Rice	21	STPET	16/03/2010	2010 Telstra Australian Championships
7	2:10.58	L	S	Stephanie Rice	20	AUS	9/08/2008	2008 Olympic Games
8	2:10.75	L	F	Emily Seebohm	17	BROTH	16/03/2010	2010 Telstra Australian Championships
9	2:11.00	L	F	Stephanie Rice	20	STPET	17/03/2009	2009 Telstra Australian Swimming Championship
10	2:11.31	L	P	Emily Seebohm	17	AUS	26/07/2009	2009 Rome World Championships
<b>Women 400 IM</b>								
1	4:29.45	L	F	Stephanie Rice	20	AUS	9/08/2008	2008 Olympic Games
2	4:31.46	L	F	Stephanie Rice	19	STPET	22/03/2008	2008 Telstra Australian Swimming Championship
3	4:32.29	L	F	Stephanie Rice	21	AUS	26/07/2009	2009 Rome World Championships
4	4:34.62	L	P	Stephanie Rice	21	AUS	26/07/2009	2009 Rome World Championships
5	4:35.04	L	F	Stephanie Rice	21	STPET	16/03/2010	2010 Telstra Australian Championships
6	4:35.11	L	P	Stephanie Rice	20	AUS	9/08/2008	2008 Olympic Games
7	4:35.17	L	F	Stephanie Rice	19	AUS	6/06/2008	Rome - Seven Hills
8	4:35.82	L	F	Stephanie Rice	19	AUS	10/06/2008	Barcelona - Mare Nostum
9	4:36.71	L	F	Stephanie Rice	20	STPET	17/03/2009	2009 Telstra Australian Swimming Championship
10	4:37.18	L	F	Stephanie Rice	19	STPET	21/08/2007	2007 Japan Invitational

